

Points for Inter-House Cross Country – 2018



Place	Points
1 st	150
2 nd	120
3 rd	100
4 th	80
5 th	70
6 th	60
7 th	50
8 th	47
9 th	45
10 th	40

Remaining points are:

Under 30 Minutes: 30 points

**Up to time cut-off: 20 points
(40 minutes)**

Participation Course: 10 points

After 40 minutes – No points → students must finish the race within 50 minutes

Students are to remain in the vicinity of the Recorder Tent at Lions Park after they complete the race. Please keep clear of the finish line after you have completed the race.

*If you cannot run you can still score points for your House by assisting on the day
- please let Miss Kickbusch know ASAP.*

Race Records

Age Group	Name	Time	House
U' 12 Boys	Nick Crane (2016)	16.52	McAuley
U' 12 Girls	Sophie Duff (2015)	20.18	McAuley
U' 13 Boys	Will Mathison (2015)	15.30	Marcellin
U' 13 Girls	Zara Nash (2017)	18.33	Marcellin
U' 14 Boys	Lachlan Blake (2016)	14.35	Futuna
U' 14 Girls	Lindsay Mathison (2012)	17.43	Marcellin
U' 15 Boys	Tallis Stanhope (2016)	14.40	Marcellin
U' 15 Girls	Matilda Lodder (2012)	17.34	Marcellin
U' 16 Boys	Justin Cridland (2013)	14.48	Futuna
U' 16 Girls	Sophie Moran (2009)	17.26	Futuna
Open Boys	Dylan Smith(2011) Tom Smith (2016)	14.46	Stella Maris Marcellin
Open Girls	Rhiannon Baxter (2016)	17.56	McAuley

→ OVERALL COURSE RECORD:

BOYS- Lachlan Blake 14.35

GIRLS- Sophie Moran 17.26

2018 Interhouse Cross Country

Uniform: Students must wear the College Sports shorts with their House Shirt and College hat.

Competitive runners are welcome to wear a different hat, cap or visor, running shorts or tights and running shoes. However, **you must change into these items at 12.20 pm before leaving Chanel and then back into your College sports uniform before afternoon Pastoral Care.**

HATS: *Students will only be allowed to wear a cap/visor once they get to Lions Park. Bucket hats will be placed in a House tub for students to collect after the race.*

- **Period 1 – 3** Classes as per usual. **Food will only be available from the Tuckshop at First Break.**
- **12.20 pm** Short 10 Minute Break. Students return belongings to lockers, go to the toilet, get a drink, fill water bottles up, put running shoes on/change shorts, get College hat and cap. **Drinks only will be available from the tuckshop at this time.**
- **12.30 pm** Students and staff move quickly to the following areas:
 - Futuna** Grandstand steps outside the staffroom
 - Marcellin** Top Oval - near trees and soccer goals
 - Stella Maris** Lavalla Court
 - McAuley** Pergola near MC105
 - MacKillop** Grass outside Science Labs
- **1.00 pm** Final Instructions, Warm Up and Marshalling
- **1.10 pm** Start: Open Boys and Girls
Start: Under 16 Boys and Girls

Start: Under 15 Boys and Girls

Start: Under 14 Boys and Girls

Start: Under 13 Boys and Girls

Start: Under 12 Boys and Girls

13 – 19 Year age group: the first 10 runners (13-19 Year age groups) will represent Chanel College at the Port Curtis Cross Country on Tuesday 1 May (Week 3 Term 2).

12 Year Old students (DOB 2006): Top 5 runners will represent Chanel College at the Port Curtis Trials on Friday 27 April (Week 2 Term 2)

- **2.30pm** Race finish, clean up area and walk back to school
- **2.45pm** Presentations of House Champion and Age Champions in LaValla Court
- **3.10pm** Afternoon Pastoral Care